

Ruskin Mill Professional & Personal Development Training Programmes 2018-2019

Ruskin Mill Land Trust offers a suite of personal and professional development courses for individuals with an interest in alternative approaches to education.

Our programmes aim to equip participants with the skills and knowledge to use practical skills and therapeutic education in a special needs context to bring about transformative learning.



The Pedagogic Potential of Craftwork

Craft as a tool for human education and development

This newly launched two-year, part-time training offered across Ruskin Mill Trust centres, will explore the pedagogic potential of craft within an SEN context, equipping participants with the skills to use craft to support education. The programme will combine theory with practice, allowing participants to engage with craft and to experience and research its pedagogic potential.

Ruskin Mill Biodynamic Training Programme

Growing the land: growing people

Ruskin Mill Trust's biodynamic training scheme is a two-year, part-time practical training in biodynamic ecology. The programme has two primary areas of focus: biodynamic training *growing the land*, and therapeutic education *growing people*. It is the dual aim of the programme, which weaves a therapeutic intention of *growing people* into a training programme in biodynamic ecology, which makes the course unique.

Teacher Development Programme

Foundations of Practical Skills Therapeutic Education

This course is for teachers and professionals who are working with young people with complex needs, who are seeking to deepen and enliven their professional practice. By drawing on the principles and themes of the Steiner curriculum, education through nature and experiencing the arts and crafts, participants will start a journey of self-development, gain new ideas and inspirations to review and invigorate their professional practice.

Holistic Care & Support

Supporting the processes of the adolescent

Participants are offered opportunities to explore the impact of the physical, living and emotional environments. Explore how craftwork and living skills, together with social interactions, can enhance the individual experience in a transformative manner leading to positive outcomes.

Holistic Practices in Nutrition

Working holistically with pictures of health

In braiding together the principles of biodynamic agriculture and holistic care and support with healthy, nutritional practices, this course will give each participant the understanding and skills they need to actively and confidently influence the ethos and practice surrounding food for the benefit of their educational establishment and the whole community.

For further information about these courses, please contact info@rmlt.org.uk.

MA in Special Education

Practical Skills Transformative Learning (in collaboration with Inland Norway University)

This three-year, part-time programme explores alternative pedagogic approaches to special needs education through the medium of practical skills. It combines theoretical studies, philosophical debate and reflection with practical, experiential learning within the context of craft, land work and biodynamic ecology.

- Residential intensives in Norway and across the UK
- No tuition fees for EU students (a small administration fee applies)
- We invite new expressions of interest for the next intake



For further details, please contact info@rmlt.org.uk.

Key features of our programmes:

Exploring Alternative approaches to education

Building upon the Practical Skills Therapeutic Education model developed by Ruskin Mill Trust, our programmes explore alternative approaches to special education. This involves experiential learning, research and reflective and reflexive practice.

Learning through doing

Through our programme, emphasis is placed on experiential learning. Participants are invited to explore existing pedagogic and human development frameworks through research, experiential learning and reflection.

Person-centred approaches

Focus is placed throughout programmes on the person-centred pedagogic approaches. The programmes look at creating personalised learning pathways that are centred on human development and the development of the individual.

Personal Development

As part of our programmes, participants are given an opportunity to explore the question 'who am I?' as part of their personal development. This is based on the premise that 'before meeting the student I need to meet myself'. Through this, participants are given the opportunity to explore and reflect upon their own pedagogic approach and build confidence, skills and attributes of the 'teacher'.

Research

Throughout our programmes, participants are given the opportunity to research existing practice and develop personally and professionally.

For more information about Ruskin Mill Trust, please visit www.rmt.org.

